



# PENTHOUSE DENTAL

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(CNR. OLYMPUS DRIVE AND HENLEY STREET)  
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## Our practice Moto

Every patient is a father, mother, son or daughter of a loved one.

## What is a crown?

Crown and bridgework is a very reliable solution for major dental problems caused through accidents, diseases or wear and tear. A dental crown is a tooth-shaped "cap" that is placed over a tooth. This is done to restore its shape, strength, function and appearance. Most dentistry looks like dentistry. Our goal is to provide dentistry that is undetectable.



<https://www.dentalprofessionals.com/general-dentistry/dental-crowns/>

## Why would I need a crown?

Crowns are an ideal way to repair teeth that have been broken or weakened.

- A large broken down filling, fracture or decayed tooth will need a crown to improve long term survival. While a crown can be more expensive than a standard filling, Dental Crowns provide a longer-term prognosis for restoring your tooth.
- To improve the appearance of the tooth and overall smile for example a discoloured, misshaped and malalignment of teeth.
- Root canal treated teeth also need crowns to protect the tooth.
- To cover a dental implant
- Many people have unexplained pain from filled back teeth, which is usually due to hairline cracks in the chewing part of the tooth. Placing crowns on these teeth relieves the pain and allows a return of full dental function for these teeth.

## What Steps Are Involved in Preparing a Tooth for a Crown?

In our office we take approximately 2 hours for one tooth and 1 hour extra for each additional tooth. We prepare the tooth and then use our in office technology, to scan the site, the opposing jaw and when you bite. You can go sit in the waiting room while we manufacture your tooth. The dentist will design your tooth according to your needs for optimal aesthetics and function. This will be send to the milling machine. After that we will stain and glaze your tooth to achieve a natural appearance and polish your crown to ensure a high quality and lustre finish. After this we will cement the crown and ensure your bite is correct. We are renowned for the quality of our work and the fantastic changes we make for people using this technology.

## What is a dental bridge?

Bridges are commonly used to replace one or more missing teeth. They span the space where the teeth are missing. A bridge consists of crowns that are placed over your natural teeth or implants called abutments, and normally contain one or more teeth that are false called a pontic.

Gaps left by missing teeth may cause the remaining teeth to rotate or shift into the empty spaces, resulting in an imbalance of forces, this can lead to gum disease and temporomandibular joint (TMJ) disorders. All of your teeth play an important role in speaking, chewing and in maintaining proper alignment of other teeth.



<https://www.secondlinefamilydentistry.com/blog/2018/08/11/dental-crowns-in-metairie/>

In order to place a bridge, the teeth next to the space will be cut, if the teeth adjacent to the space are completely healthy a dental implant will be a better option, as you don't need to prepare the adjacent teeth. An implant may also be more cost effective in the long term as a bridge contains 3 or more units or fail the whole unit needs to be replaced, if an implant is placed with a single crown, only one unit needs repair or replacement.

## What Problems Could Develop With a Dental Crown?

- **Discomfort or sensitivity.** Your newly placed crowned tooth can be sensitive immediately after the procedure. This will subside in a few days as the gums heal, you can use a toothpaste designed for sensitive teeth. If pain or sensitivity that occurs when you bite down, your crown may be too high, please make an appointment that we can adjust the crown. If the sensitivity lasts more than 3 days or is severe, damage to your nerve may have occurred, please contact the dentist.
- **Chipped crown.** Crowns may chip especially if you are clenching or grinding your teeth. A crown is a restoration and still not as strong as your natural tooth and can break, please take care of them. Your dentist will recommend a bite plate if deemed necessary for your case.
- **Loose crown.** The cement we use to place the crown can wash out with time, this will lead to the crown feeling loose, but more importantly bacteria can leak into the margins and can cause further decay. If the crown comes out, please keep it safe to avoid damage and make a dentist appointment as soon as possible. Please do not use glue products as this can be bad for your health, cause allergic reactions and damage the crown.

## How Long Do Dental Crowns Last?

Dental crowns typically last at least 10 years, which is as close to permanent as dental treatment can get, but it depends completely how you take care of them. You must follow good oral hygiene habits, especially flossing where the crown and gum line meet. Avoid grinding your teeth, chewing ice, biting fingernails and using your teeth to open packaging.